



Spring 2010 Programs

Youth Programs

Boys Rookie League - Boys Grades 3-5
*New*Girls Rookie League - Girls Grades 3-5
Middle School Boys League - Boys Grades 5-7
Middle School Girls League - Girls Grades 5-8
High School Boys League - Boys Grades 8-11

Adult Programs

Men's A League - Open to All
Men's B League - Open to All
*New*Men's 40+ League - Men 40 and older
Women's League - Open to All

REGISTER and PAY On-Line at www.lionleaguebasketball.com

The deadline to register is Wednesday, March 10. Anyone who signs up after that deadline will be charged a \$25 fee, and may not be able to participate if programs are full. The first 100 Youth Players to register will receive a free Lion League T-Shirt!

YOUTH PROGRAMS

All of our youth programs are set up to conflict minimally with other spring sports. Sharpening skills in the off-season is the only way to improve your game, and this season's Lion League is all about skill development. Don't put down the basketball just because it's not basketball season! Sign up today!

Boys Rookie League

Monday Nights 6-7:15
March 22-May 24
McCarthy Middle School Gym
Cost: \$175

Players will receive instruction each week from experienced players and coaches, and will also play games with officials. There is a heavy emphasis on the fundamentals. Players are taught all the basic skills of basketball and will do drills to improve each week. All players will receive a reversible tank top, an evaluation, and each player will receive an award on the final night.

Girls Rookie League

Tuesday Nights 6-7:15
March 23-May 25
Parker Middle School Gym
Cost: \$175

Players will receive instruction each week from experienced players and coaches, and will also play games with officials. There is a heavy emphasis on the fundamentals. Players are taught all the basic skills of basketball and will do drills to improve each week. All players will receive a reversible tank top, an evaluation, and each player will receive an award on the final night. 5th Grade girls have a choice to play in Rookie League or MS League.

Middle School Boys League

Sunday Nights 5-7PM or 6-8PM
Wednesday Nights 6:30-7:30 or 7:30-8:30
Saturday Mornings (3 Saturdays) 8AM-10AM **Skills Clinics**
McCarthy Middle School/Parker Middle School
March 20 - May 13 Cost: \$185

This year's Youth Leagues have all been revamped to include more time for skill work with our players. Each player will play 1 game, and have 1 hour of skills on Sunday Nights, and 4 teams will play 1 full court game at Parker Middle School on Wednesday nights. There will also be 3 Skills Clinics that will take place on Saturday mornings at 8AM throughout the season. All players are guaranteed 12 Games and Playoffs and 12 Hours of skill work! The MS Boys Staff is made up of former players and current coaches. The main goal of this league is to improve each player's individual skill and to strengthen existing skills. If players want to improve and have fun doing it, then you will not find a better program for the cost. All players will receive a reversible tank top, awards for the Championship, and an evaluation from their coach.

Middle School Girls League

Monday Nights 6-730

Tuesday Nights 7:15- 815 or 815-915

Saturday Mornings (3 Saturdays) 8AM – 10 AM

McCarthy Middle School (M)

Parker Middle School (T)

March 21 – May 14

Cost: \$185

Each player will play 1 game, and have 1 hour of skills on Monday Nights, and 4 teams will play 1 full court game at Parker Middle School on Tuesday nights. There will also be 3 Skills Clinics that will take place on Saturday mornings at 8AM throughout the season. All players are guaranteed 12 Games and Playoffs and 12 Hours of skill work! The MS Girls Staff is made up of former players and current adult coaches. The main goal of this league is to improve each player's individual skill and to strengthen existing skills. If players want to improve and have fun doing it, then you will not find a better program for the cost. All players will receive a reversible tank top, awards for the Championship, and an evaluation from their coach.

High School Boys League

Sunday Nights 730-930

Monday Nights 730-830 or 830-930

Chelmsford High School (S)

McCarthy Middle School (M)

March 21-May 14

Cost: 185

Each player will play 1 game, and have 1 hour of skills on Sunday Nights, and 4 teams will play 1 full court game at McCarthy Middle School on Monday nights. There will also be 3 Skills Clinics that will take place on Saturday mornings at 10AM throughout the season. All players are guaranteed 12 Games and Playoffs and 12 Hours of skill work! The HS Staff is made up of former players and current adult coaches. The main goal of this league is to improve each player's individual skill and to strengthen existing skills. If players want to improve and have fun doing it, then you will not find a better program for the cost. All players will receive a reversible tank top, awards for the Championship, and an evaluation from their coach.

Adult Leagues

Men's A – Thursday Nights (McCarthy), some Wednesday Nights (Lowell Catholic)

Each team is guaranteed 10 games. Top 6 Teams make playoffs.

Men's B – Tuesday Nights (Parker), some Wednesday Nights (Lowell Catholic)

Each team is guaranteed 10 games. The B League is for players who want to have fun in a competitive league against similar competition. Top 8 teams make the playoffs.

Men's 40+ League - Thursday Nights (Parker) Every player in this league must be at least 40 years of age.

Women's League – Wednesday Nights (McCarthy) For women of all ages. All players will be placed on teams guaranteed 10 games. **Cost:** \$115 per player or \$1100 per team (if team has less than 10 players).

*****All adult leagues will have two referees and a scorer/timer. Everyone will receive a league shirt.*****

To register for Lion League Programs go to www.LionLeagueBasketball.com and fill out the on-line registration form for the correct division. All payments will be made online with a credit/debit card. If you need alternate arrangements for payment please contact Coach Hart at LionLeagueBasketball@gmail.com.

Youth League Discounts for Multiple Family Members:

If Signing up 2 family Members: subtract \$35 from Total Registration

If signing up 3 Family Members: subtract \$100 from Total Registration

Any questions email Coach Hart: LionLeagueBasketball@gmail.com

WWW.LIONLEAGUEBASKETBALL.COM