

# CYBL Chelmsford Youth Basketball League



## Practice Guidelines/Rules Intramural ("In-Town") Divisions

Brian Breton, CYBL Commissioner

### Player Drop-Off

- Please inform your parents that they need to insure coaches are at the facility when they drop their children off. No child should be left unsupervised at a school.

### Gym Access

- First practice teams of the night will NOT be allowed into the gyms until their practice start time, typically 5:30. Schools will be locked until that time. A number of schools host after school day care and due to safety concerns no one will be allowed into the schools until the appropriate time.
- Time is tight and every gym runs 3 practices every night. To avoid confusion on when practices start & stop the CYBL determining factor is the clock INSIDE the gym. Coaches waiting to enter the gym are allowed to enter the gym to check the time while their teams remain in the lobby.

### Prior to Practice

- Please do not have your players arrive 10-15 minutes prior to practice start time. Please have the players arrive on time as there is little room for 20+ people in the lobbies of the practice gyms.
- Coaches & Players are to remain in the gym lobby area of their practice school. No players should be in any hallway.
- Coaches MUST control their players in the lobby areas. Balls MUST be held, not dribbled, passed, or shot.
- CYBL has had many issues with inappropriate behavior of players that has resulted in damage to the schools over the years. CYBL, coaches and players will be held accountable for all damages.
- Please remember we are guests of the schools and we do not want to be responsible for any damage that might result in the schools revoking our access.

### Gym Clean Up

- Coaches and players are responsible for removing all trash (water bottles) after practices & games.

### Cancelations

- Rule of thumb, if there is school there is CYBL.
- If school holds a scheduled half day, there is CYBL.
- If school is canceled, CYBL is canceled.
- If schools are closed early (ex. due to snow), CYBL is canceled.
- CYBL will make every attempt to contact all players and coaches via e-mail, the CYBL Web site and the CYBL Facebook page of cancelations.
- In the event of practice cancelations, there will be no planned make-ups.
- In the event teams lose multiple practices due to school closures, Division Directors will investigate making changes to practice schedules to more evenly distribute practice time.
- In the event 1 game is canceled, there will be no planned make-up.
- In the event multiple games are canceled, CYBL will investigate holding make-up games, schedule permitting.

### On Site Facility Issues

- In the event issues arise at any gym, please contact your Division Director who will contact the appropriate CYBL Board Member to address the situation.